



Difficult diseases have met their match.

## Volunteer Newsletter

Winter 2025



Thank you



## Thank YOU for making discoveries possible!

In 2024, ResearchMatch turned 15 years old! During that time, more than 7,100 studies have registered on ResearchMatch, and with your help, many have resulted in the publication and sharing of scientific discoveries and findings. You can find a number of these publications on our [website](#) or learn more about how research teams share the results of their study [here](#).

Involving **more** people in research **more** easily is one of the main goals of ResearchMatch. This past year we translated ResearchMatch into Simplified Chinese. Users can now signup as Volunteers and view our site in this language and will soon be able receive messages from Researchers in Chinese, in addition to English and Spanish.

In addition to translating our website, ResearchMatch has also made the sign-up and account recovery process simpler and clearer for new and existing users. We hope these changes will make it easier for Volunteers to use this site and, most importantly, become connected with research studies that interest them!

ResearchMatch continues to exist because of volunteers like you, and we're grateful for your continued participation. **You** play an important role in furthering healthcare research. We encourage you to learn about why your participation is so important and to help spread the word about the importance of healthcare research. Some ideas include:

- Encouraging your friends, family, and neighbors to join ResearchMatch as a volunteer.
- Use the *"tell a friend"* feature on your volunteer dashboard to easily tell someone about ResearchMatch.
- Like, follow, and share ResearchMatch on [Facebook](#), [Instagram](#), and [X \(formerly Twitter\)](#).
- Share resources on clinical trial participation from trusted sources like the [National Institutes of Health](#) and the [National Institute on Aging](#).
- Visit [Trials Today](#) and search for trials that may be of interest to you or a loved one.
- Learn more [about](#) our [platform](#), researchers, [community collaborators](#), and [participating in research](#) by visiting our website to find [articles](#), videos, and more!

With over 1,300 studies currently looking for volunteers on ResearchMatch, we're excited for all the discoveries waiting to be made in 2025. We encourage you to keep your user profile up to date so that you can be matched with studies that are most relevant to you. When it comes to ensuring a healthier future for all, let's all say "Yes, I'm interested!" and become part of the solution for a better tomorrow.

*-The ResearchMatch team*

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## Updating your Volunteer profile for 2025

*Would you like to add a new health condition or remove an old one? Did you stop taking a medication or start a new one? You can easily update this information on your Volunteer Dashboard.*

ResearchMatch strives to connect you with research studies that matter to you! To help make these connections, start the new year off by updating your Volunteer profile with any new health conditions or medications and demographic information.

Update the information in your Volunteer Dashboard by following the steps below:

**Step 1:** Log into ResearchMatch and click on **"Update your profile"**

**Step 2:** Click “*Update your health information*” to open your Demographic Data page. Use the menu on the left-hand side and click on “*Conditions*” or “*Medications*”.

**Step 3:** Begin typing into the search bar and ResearchMatch will automatically list all the options available in our system. Select the one that matches your condition or medication and click the “*Add*” button.

**Step 4:** Click the “*Save and continue*” button at the bottom of the page to save your changes.

**Step 5:** To update additional information, click on other demographic categories. Review this information and check any additional response options that apply.

**DEMOGRAPHIC DATA**

Demographic Data

Gender Identity

Race and Ethnicity

Conditions

Medications

Account Preferences

**Tell us about yourself**

Date of birth

Height (ft)      Height (in)      Weight (lbs)

[ toggle metric measurements ]

Are you a twin or triplet?

Veteran Status

Tobacco use

Save and continue

**Step 6:** Click the **“Save and continue”** button at the bottom of the page to save your changes.

**Collaborative Webinar**

*Mental Health Research and Me*

Dr. Julie Farrington, MD, Director of Clinical Trials with the University of Texas

YouTube.com/@ResearchMatch

ADAA

## New recorded webinar with the Anxiety & Depression Association of America

ResearchMatch is proud to collaborate with the [Anxiety & Depression Association of America \(ADAA\)](#) to share information about access to clinical trials and educate the public about anxiety disorders and depression.

ResearchMatch is now featuring a new collaborative webinar with ADAA! Dr. Julie

Farrington, MD, Director of Clinical Trials with the University of Texas, shares information to increase understanding of mental health research, stimulate interest and support for research, and clarify the participation process in clinical trials. You can watch this recorded webinar [here](#).

Interested in other ResearchMatch webinars? Click [here](#) to view more!



## Share your story about taking part in research!

Stories are powerful – they can create change and inspire new ideas. We would love to hear **your story** about being a part of ResearchMatch. This may include:

- How ResearchMatch has helped to match you with a clinical trial related to your health condition
- An interesting research study you have participated in through ResearchMatch
- Your thoughts and experiences about taking part in health research

Email your story to us at [info@researchmatch.org](mailto:info@researchmatch.org) – we are excited to hear from you!

Visit [ResearchMatch](#)

**Need Assistance?**

Contact us at [info@researchmatch.org](mailto:info@researchmatch.org).



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